

## Daily Schedule

8:30am-9:30am	Free Play (Child's choice of 2-3 play activities)
9:30am-10am	Morning Snack
10am-11:00am	Academic activities - letters, numbers, shapes, colors, painting, coloring, cutting, pasting, matching, etc.
11am-11:30am	Outdoor time (or indoor motor activities if weather does not permit)
11:30am-12:30pm	Lunch time
12:30pm-1pm	Reading time
1pm-3pm	Nap time (if your child does not nap, this can be for quiet educational activities such as puzzles, fine motor activities like stringing beads, or even educational apps)
3pm-3:30pm	Afternoon Snack
3:30pm-4:30pm	Outdoor time (or indoor motor activities if weather does not permit)
4:30pm-5:30pm	Wind-down with some constructive activities such as building with blocks, coloring, chalk board, board/card games, etc.

Please feel free to reach out to Clinical Program Director, Program Administrator or Classroom staff for examples of activities under each category.